

Fall Season 2021

(First practice on 8/23 – First meet on 9/5)

Sept. 5 – Sept. 19: Forward Group (100's)

Sept. 20 – Sept. 26 Back Group (200's)

Sept. 27 – Oct. 3: Inward Group (400's)

Oct 4 – Oct. 10: Twist Group (5000's)

Oct. 11 – Oct. 17: Reverse Group (300's)

Oct. 18 – Oct. 24: Forward Group (100's)

Oct. 25– Oct. 31: Back Group (200's)

Nov. 1 – Nov. 7: Inward Group (400's)

Nov. 8 – Nov. 14: Twist Group (5000's)

Nov 15 – Nov. 21: Reverse Group (300's)

Winter Season 2021 – 2022

(First practice on 11/29 – First meet on 12/9)

Dec. 9 – Dec. 19: Forward Group (100's)

Dec. 20 – Dec. 26: Back Group (200's)

Dec. 27 – Jan. 2: Inward Group (400's)

Jan. 3 – Jan. 9: Twist Group (5000's)

Jan. 10 – Jan 16: Reverse Group (300's)

Jan. 17 – Jan. 23: Forward Group (100's)

Jan. 24 – Jan. 30: Back Group (200's)

Jan 31 – Feb. 6: Inward Group (400's)

Feb. 7 – Feb. 13: Twist Group (5000's)

Feb 14 – Feb 20: Reverse Group (300's)

NOTE: Voluntary Dive

*In the event of a postponed meet, the voluntary dive **will correspond to the week that the meet is actually held**, not when the meet was initially scheduled*

NOTE: League/Conference Championship Meets

Most leagues will designate forward as the required dive for their championship meet. Be sure to check with the head of your league/conference to be sure you have the correct dive at this meet prior to showing up with your divers.